

ANDHRA LOYOLA COLLEGE (AUTONOMOUS)



VIJAYAWADA - 520008

## NATIONAL SERVICE SCHEME

## ANNUAL REPORT ON REGULAR ACTIVITIES

2022-2023

## 1. YOGA DAY:

On June 21, 2022, a special Yoga Day event took place at the Gogeneni hostel grounds, bringing together 180 enthusiastic NSS Volunteers. The event was guided by the watchful eye of Rev. Fr. Lourdu Raj SJ, the Vice Principal of the PG College. His inspiring words encouraged the students to incorporate yoga into their daily routine, promoting not only physical well-being but also inner peace and tranquility. He emphasized that by dedicating time to yoga each day, it could enhance their ability to focus on their studies and exercise better self-control.

The Yoga Day gathering was not just a physical exercise session but a powerful reminder of the holistic benefits of yoga. Rev. Fr. Lourdu Raj SJ's message resonated with the students, emphasizing the connection between a healthy body and a serene mind. This event served as a valuable reminder that yoga offers more than just physical fitness; it's a pathway to improved concentration, self-mastery, and overall wellbeing.



## 2. AZADI KA AMRIT MAHOTSAV RALLY:

On the eve of India's grand 75th Independence Day celebrations, it was a moment of pride and unity as the Azadi Ka Amrit Mahotsav Rally unfolded on August 10, 2022. In the spirit of togetherness, Rev. Fr. Dr. G. A. P. Kishore SJ, the esteemed Principal of the College, and Rev. Fr. S. Raju SJ, the Vice Principal, marked the beginning of this exciting event.

What made this occasion even more special was the enthusiastic participation of 680 students. Among them were not only the spirited NSS volunteers but also their dedicated Program Officers, representing all six NSS units of Andhra Loyola College.

This event was a true reflection of the College's commitment to the ideals of independence, unity, and community engagement. The students, along with their mentors, embarked on this rally, carrying the torch of India's rich history and the promise of a brighter future. It was a vibrant celebration of both the past and the possibilities that lie ahead.



#### 3. Tree Plantation Programme:

In a heartfelt tribute to India's 75 years of Independence, a Tree Plantation Programme took root on the 13th of August 2022, right within the heart of our college campus as part of the Azadi Ka Amrit Mahotsav celebrations. The atmosphere was filled with purpose and enthusiasm as 75 saplings found their new home, encircling the College premises, all thanks to the dedicated efforts of 120 NSS Volunteers.

This event held a special significance, extending far beyond the mere act of planting trees. It served as a profound lesson, one that resonated deeply with the volunteers, instilling within them the importance of environmental conservation through tree plantation. As each sapling found its place in the earth, it became a symbol of hope and renewal, a reminder of our responsibility to safeguard and nurture our environment.

In this event, Rev. Fr. Raju, the Vice Principal, graced the occasion as the Chief Guest. Ms. Manjula from the MCA Department and Ms. Madhuri from the MBA Department were also in attendance, along with the participation of NSS Program Officers and dedicated student volunteers.



## 4. Blood Donation Camp:

To commemorate India's Independence Day on August 15, 2022, the NSS units collaborated with the Indian Red Cross Society in Vijayawada to organize a significant blood donation drive. The event was inaugurated by Rev. Fr. G.A.P. Kishore SJ, Principal, and unfolded as a day brimming with patriotism and compassion. A total of 150 dedicated student volunteers selflessly stepped forward to donate their life-saving blood, a noble gesture that could potentially save lives during critical situations.

This selfless act not only had a profound impact on the community but also served as an inspirational example for countless other students, motivating them to partake in this noble cause. The sight of these 150 young volunteers willingly donating their blood was a heartwarming symbol of unity and empathy. Their contributions not only celebrated India's spirit of independence but also represented a tangible step towards ensuring that those in urgent need would have access to vital blood supplies in times of emergency.



## 5. Motivational Talk on NSS Day:

On the auspicious occasion of NSS Day (September 24), a Motivational Talk took place on September 26, 2022, at the PG seminar hall within our college campus. Dr. Illa Ravi, District Secretary of the Indian Red Cross Society in Krishna District, along with the Principal of GDC Mylavaram, delivered an inspiring speech to the NSS volunteers. Their emphasis was on the profound importance of living a life dedicated to serving others, echoing the powerful NSS slogan, "NOT ME BUT YOU."

The students actively engaged and participated fervently, deeply influenced by Dr. Illa Ravi's address, supported by Rev. Fr. Y.T. Prabu SJ Vice Principal, and the enthusiastic involvement of 127 student volunteers and NSS Program Officers. The event was a testament to the collective spirit and dedication of the NSS community within the campus.



## 6. National Unity Day Rally:

Commemorating Rashtriya Ekta Divas (National Unity Day), the National Service Scheme (N.S.S) Units of Andhra Loyola College (Autonomous) Vijayawada orchestrated a grand unity rally, uniting around 315 enthusiastic NSS volunteers. The event, graced by the inauguration from Rev. Fr. Y.T. Prabhu, SJ, highlighted the imperative essence of unity and equality, calling upon each student to stand as stewards of the nation's unity. The significant contributions of the NSS Program Officers, namely Mr. K. Prakasa Rao, Mr. D. Eleesha, Dr. K. Shekhar, and Dr. A. Samuel Dayakar, were pivotal in ensuring the event's success, fueling the spirit of unity among the participants.

Amid the observance of National Unity Day, students not only pledged their unwavering commitment but actively engaged in the rally, amplifying slogans and propagating awareness among the general public about the profound significance of national unity. This collective effort not only served as a powerful demonstration of solidarity but also exemplified the heartfelt celebration of this momentous day, fostering a sense of unity and purpose among all those involved. The event stood as a testament to the unyielding dedication to uphold the integrity and unity of the nation, leaving a lasting impact on all participants.





#### 7. World AIDS Day (Nutrition support Programme for PLHAs):

To mark World AIDS Day on December 1st, 2022, ALANA College's Extension wing and the Red Ribbon Club collaborated to host a Nutrition Support Programme for People Living with HIV/AIDS (PLHAs). Reverend Fr. M. Sagayaraj SJ, the Correspondent, NGO representatives, Dr. Usha Rani, Additional DM&HO, Mr. Rugmadaih, District Tribal Welfare Officer, and 110 beneficiaries from across the NTR District were present at the event. Student volunteers played an active role in the program, displaying their commitment and dedication.

During the event, Dr. Usha Rani emphasized the critical importance of maintaining a nutritious diet regularly for those living with HIV/AIDS. She underscored the significance of not neglecting medications and stressed the need for consistent follow-ups with the respective ART centers. Her address aimed to reinforce the essential elements for the well-being of individuals living with HIV/AIDS, enlightening both the beneficiaries and the attending volunteers about the crucial aspects of their health management.



The gathering served as a platform to bring together various stakeholders, including college representatives, NGO personnel, health officials, and the beneficiaries themselves. Dr. Usha Rani's guidance and the collective efforts made by the student volunteers marked a collaborative and supportive initiative, contributing significantly to the awareness and support for those affected by HIV/AIDS in the NTR District.



# 8. AWARENESS CAMPAIGN ON HIV/AIDS & ADOLESCENT HEALTH ISSUES:

On December 1st, 2022, in observance of World AIDS Day, the ALC NSS units orchestrated an awareness campaign addressing HIV/AIDS and adolescent health issues. The campaign took place in the Seminar Hall and featured Dr. P. Nikhil, MBBS, M.D from Srikara Super Speciality Hospitals in Vijayawada as the guest speaker. The primary goal of this initiative was to enlighten student peer groups about preventive measures crucial during their teenage years to avoid falling victim to HIV/AIDS. Dr. Nikhil emphasized the risks associated with getting tattoos from unsanitary, unregulated sources that use unsterilized needles, particularly in salons. He highlighted the potential dangers of unsafe tattooing practices, emphasizing how youth are often drawn to tattoos, leading to a heightened risk of HIV transmission. Furthermore, he stressed the importance of abstaining from injected drugs used for recreational purposes.

Rev. Fr. Dr. M. Sagayaraj, Correspondent, addressed the NSS volunteers, advising them to be vigilant in their surroundings and refrain from engaging in such risky activities. He encouraged them to prioritize their studies for a prosperous future. The event witnessed the participation of 130 NSS student Volunteers and Programme Officers dedicated to raising awareness on these critical health concerns.







## 8. Free Eye check-up camp:

To celebrate the College Foundation Day, the ALANA – EXTENSION Wing and NSS unit joined hands to host a significant "Free Eye Checkup camp" in partnership with Win-vision Eye Hospitals in Vijayawada. This special event took place on December 9th, 2022, at the Rev. Fr. Theckemury Hall.

The inauguration of the program was conducted by Rev. Fr. Dr. G.A.P. Kishore SJ, the Principal, who commended the efforts of the Win-vision Eye Hospital team for organizing such a valuable initiative.

Approximately 1230 students participated in the camp, benefiting from free eye screening tests. Additionally, 112 staff members took advantage of the services provided by the Eye camp. The program was supported by the presence of NSS Programme officers, as well as the participation of Dr. Harika, the HR Manager, Mr. Basha, and technicians from Winvision Hospitals.

This collaborative effort aimed to extend crucial eye care services to students and staff, underscoring the significance of vision health within the community.



#### 9. Distribution of mattresses for slum dwellers:

On January 15, 2023, the ALC NSS Units embarked on a compassionate mission to distribute sleeping mattresses to the impoverished residents of the Poranki, Penamaluru, and Krishnalanka slum areas. This generous effort touched the lives of nearly 300 families who were in dire need of assistance. The impact of this gesture was profound, especially for some of the children who had never experienced the comfort of sleeping on a mattress.

Their eyes welled up with tears of joy as they received this invaluable support, a simple yet transformative gift that brought immeasurable happiness to their lives. In addition to the heartwarming response from the slum dwellers, approximately 80 NSS volunteers actively participated in this initiative. These dedicated volunteers experienced the profound joy that comes from lending a helping hand to those less fortunate. By directly engaging with the community in Poranki, Penamaluru, and Krishnalanka, the volunteers not only distributed mattresses but also shared in the joy and gratitude of the recipients, reinforcing the importance of compassion and service within the NSS program.





#### 10. Lifesaving CPR awareness Workshop:

NSS Units, in collaboration with the Indian Red Cross Society, joined hands to host an enlightening CPR awareness workshop on the 10th of February 2023 at the ALC campus. The event featured Dr. G. Samaram, NTR District Indian Red Cross Chairman, as the esteemed Chief Guest, who delivered an informative presentation on the significance and proper execution of CPR during emergencies.

This vital knowledge serves as a crucial tool in preserving lives.

The workshop was graced by the presence of Rev. Fr. Kiran, Vice Principal, along with dedicated NSS Program officers and a total of 146 enthusiastic volunteers who actively participated in this enlightening and life-saving program.

The event not only promoted CPR awareness but also underscored the importance of community collaboration in safeguarding lives during medical emergencies.



## 11. National Integration Camp:

Three of our dedicated NSS volunteers, namely Jaya Krishna Mouli, J Sai Padma, and J Arun Sandeep, actively took part in the National Integration Camp held in Bengaluru and Ahmedabad. Moreover, our esteemed Program Officer, Mr. D. Eleesha, was honored with the privilege of leading the Krishna University contingent at these prestigious events, which occurred from February 2nd to February 10th, 2023.

This invaluable experience not only provided a platform for our NSS volunteers to showcase their cultural talents but also encouraged them to embrace and display the rich cultural heritage of our state. Through a variety of cultural events, they proudly represented our state's traditions, demonstrating their passion for our diverse and vibrant culture. This exposure allowed them to further develop their cultural skills and instilled a deep sense of pride in our cultural heritage. These events

served as a wonderful opportunity for our volunteers to foster unity and celebrate the rich tapestry of Indian culture and traditions.



## 12. Mask Distribution:

The NSS Units of Andhra Loyola College conducted an awareness session on personal hygiene for students, emphasizing the importance of preventing epidemic infections and seasonal fevers. During the program, designated officers visited every classroom, delivering motivational talks to encourage students to prioritize preventive health measures. They emphasized the significance of hand-washing before meals and distributed surgical masks to 552 students on 28/03/2023.



The aim was to promote personal hygiene practices and protect against potential epidemic infections. Dr. Dayakar, Dr. Shekar, Mr. Elisha, Mr. Prakash, Dr. Suresh, and Mr. John actively participated in this crucial program.



#### 13. Swatch Bharat Campaign:

On April 10, 2023, the NSS units of ALC College spearheaded a oneday "Swachh Bharat Cleanliness drive" within the campus. An impressive turnout of 115 NSS Volunteers enthusiastically took part in the event, setting a shining example for their fellow students on the significance of maintaining cleanliness in their surroundings. The dedicated volunteers demonstrated how a clean environment could play a pivotal role in deterring the proliferation of pests like mosquitoes and flies, ultimately contributing to a healthier and more pleasant campus for all.

As the volunteers fervently dedicated themselves to tidying up the campus, their efforts did not go unnoticed by other students. Many onlookers were inspired by their peers' commitment to cleanliness, realizing the profound importance of a tidy environment in their daily lives. This collective realization served to further underscore the importance of maintaining a clean and hygienic campus for the welfare and comfort of everyone in the ALC College community.





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